



TIPS FOR A SUCCESSFUL TRANSITION TO PRESCHOOL

- Positive introduction- Your excitement will help your little one feel more comfortable
- Gradual transition- If possible start with an earlier pick up and ease into a longer day gradually. This helps your child adapt to the new routine
- Consistent routine- Establish a consistent daily routine at home including meal times, sleep schedules & playtime. Consistency can provide a sense of security
- Open communication- Maintain open communication with teachers. Share any relevant information about your child's personality, interests & needs to help them better connect with your child
- Practice separation- Practice short separations from your child before the first day so they become accustomed to being away from you
- Positive goodbyes- When leaving your child at Bloom offer a brief, positive goodbye and avoid lingering. This helps them understand you will be back
- Explore together- Before the first day visit our school together. Show your child the classrooms and playground and introduce them to their teachers
- Meet other parents- Connect with classmates parents. Building a support network can be helpful & provide insights and tips
- Stay calm- Its normal for children to experience separation anxiety. Stay patient and calm, reassuring them that preschool is a fun place to play and learn

